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TESTIMONIAL

Rosianne Farrugia – Maths Support Teacher

Participating in the Erasmus+ training on dyscalculia and maths anxiety in Luxembourg City was an inspiring and professionally enriching experience. Led by dyscalculia specialists Rob Jennings and Cat Eadle at the International School of Luxembourg, the course deepened my understanding of how difficulties in mathematical learning can develop and, if left unaddressed, lead to anxiety that negatively impacts learners' confidence and progress.

A key focus was learning how to identify early signs of difficulty and implement strategies that reduce barriers before they escalate into persistent maths anxiety. The importance of using concrete and visual resources across both primary and secondary education was strongly emphasised. However, the training went beyond the traditional CPA approach by integrating Visualise and Verbalise — forming what was described as CPVVA — to strengthen conceptual understanding through imagery, language, and meaningful representation.

What stood out most was that these approaches align fully with Universal Design for Learning principles. They are not only interventions for struggling learners, but powerful whole-class strategies that benefit everyone. This experience has strengthened my commitment to inclusive, resource-rich mathematics teaching that supports both the cognitive and emotional needs of all learners.

